

COBPD Symptom Check List

Child & Adolescent

Student's Name: _____ Date: _____

Adult Completing Questionnaire: _____ Relationship to student: _____

Mark column for earliest age symptoms were present with a X. Connect with a line to X in column when symptoms stopped (X-----X) If symptoms are continuous, connect X to arrow (X---->).

No.	Symptoms and Behaviors	0-2	3-5	6-8	9-11	12-13	14-16	17-19
1	Bedwetting							
2	Night Terrors							
3	Temper Tantrums (less than one hour)							
4	Temper Tantrums (more than one hour)							
5	Excessive worry about harm befalling parents							
6	Excessive distress when separated from family							
7	Extreme clinging behavior							
8	Lethargic, no energy							
9	Repeated complaints of physical symptoms							
10	Has marked changes in appetite							
11	Often has cravings for carbohydrates and sweets							
12	Periods of extreme sadness							
13	Elevated or irritable mood greater than 1 hr/day							
14	Elevated or irritable mood greater than 6 hrs/day							
15	Elevated mood greater than 2 days							
16	Depressed mood greater than 1 hr/day							
17	Depressed mood greater than 6 hrs/day							
18	Depressed mood 1 -2 days in duration							
19	Depressed mood greater than 2 days in duration							
20	Has suicidal thoughts often							
21	Has cut self with sharp instrument							
22	Has made suicide attempt							
23	Has difficulty getting to sleep at night							
24	Often awakens in the middle of the night							
25	Frequently oversleeps							
26	Has decreased need for sleep							
27	At times has very fast speech							
28	Thoughts race / Has many ideas at once							
29	Has wide swings in mood							
30	Often does not seem to listen when spoken to							
31	Often takes excessive risks							
32	Is easily distracted by extraneous stimuli							
33	Has periods of inflated self-esteem and grandiosity							
34	Has engaged in unrestrained buying sprees							

No.	Symptoms and Behaviors	0-2	3-5	6-8	9-11	12-13	14-16	17-19
35	Often blurts out answers to questions							
36	Has difficulty engaging in playful activities							
37	As a newborn, extremely irritable and difficult to settle							
38	Is extremely sensitive to sensory stimuli							
39	Often has difficulty organizing tasks							
40	Often loses things necessary for tasks							
41	Often is reluctant to engage in tasks							
42	Often fidgets with hands or feet							
43	Often leaves seat in classroom							
44	Often has difficulty waiting turn							
45	Often interrupts or intrudes on others							
46	Demonstrates an inability to concentrate at school							
47	Frequently attempts to avoid school							
48	Illicit drug use							
49	Alcohol use							
50	Migraine headaches							
51	Speech difficulties (specify on back)							
52	Panic symptoms – marked anxiety attacks							
53	Excessive anxiety or worry (apprehensive expectation)							
54	Anxiety causes impairment in social functioning							
55	Marked and specific fear of closed spaces							
56	Marked and persistent fear of animals							
57	Marked and persistent fear of heights							
58	Marked and persistent fear of crowded places							
59	Hears voices							
60	Paranoid thinking							
61	Bizarre behavior (specify on back)							
62	Recurrent anxiety – producing thought or impulses							
63	Repetitive mental acts (counting, repeating words silently)							
64	Frequent and repetitive checking behavior							
65	Frequent and repetitive hand-washing							
66	Tics: recurrent stereotyped movements or vocalizations							
67	Frequently lies							
68	Has deliberately engaged in fire setting							
69	Is frequently mischievous							
70	Often bullies, threatens, or intimidates others							
71	Often initiates physical fights							
72	Has deliberately destroyed others' property							
73	Has broken into someone's house							
74	Often lies to obtain goods or favors							
75	Often stays out at night against curfew							
76	Has run away from home overnight at least twice							

No.	Symptoms and Behaviors	0-2	3-5	6-8	9-11	12-13	14-16	17-19
77	Is often truant from school							
78	Often loses temper							
79	Often argues with adults							
80	Often defies or refuses to comply with rules							
81	Often blames others for his or her mistakes							
82	Is often touchy or easily annoyed by others							
83	Is often angry and resentful							
84	Has marked, persistent fear of social or performance situation							
85	Increased sexual interest							
86	Increased sexual behavior							
87	Preoccupied with Internet pornography							
88	Highly impulsive							
89	Burns self							

Additional comments or observations: